



## 16 Days of Activism 2022

### Mothers' Union Bristol

The United Nations' 16 days of Activism Against Gender-Based Violence and abuse is an annual international campaign. It takes place from November 25<sup>th</sup> (International Day for the Elimination of Violence Against Women) until 10<sup>th</sup> December (International Human Rights Day)

This year Mothers' Union are partnering with Women's Aid.

Throughout the campaign Mothers' Union joins with over 6,000 organisations from approximately 187 countries to raise awareness of, and call for an end to, gender-based violence and abuse in all its forms and in all societies.

GBV can affect any person at any time and statistics demonstrate that women and girls are particularly at risk. Every day of the year, Mothers' Union works alongside communities to help end domestic abuse and gender-based violence and to support those affected by it. For these 16 days we focus on women and girls, recognising the value of women and men reflecting, praying, and acting together to call for an end to violence in all its forms.

*For more information visit:* <https://www.mothersunion.org/global-day-2022>

### Global Day of Action

#### Saturday 26th November 2022

**St Mary's Church Yate will be open as a safe space from 11.30am until 2.30pm A safe place for prayer, to light a candle, have a hot drink or a listening ear.. We will be reflecting on the harrowing statistic that 1 in 3 women worldwide will experience violence at some time in their life.**

**As an organisation campaigning for the rights of women and girls, we believe this to be unacceptable. A short vigil and 3 minute silence will take place by the Lychgate at St Mary's Church from 12.55pm until 1.15pm Also live on our Facebook page.**

**You would be very welcome to join us in person or online, to find out more about the work of Mothers' Union.**

[www.mubristol.co.uk](http://www.mubristol.co.uk)

#### Get Help

##### National UK Domestic Abuse Helpline

Free helpline, 24/7.

Online Live chat support and British Sign

Language options. Number: 0808 2000 247

Website: [www.nationaldahelpline.org.uk](http://www.nationaldahelpline.org.uk)

##### National LGBT and Domestic Abuse website

<https://galop.org.uk/get-help/helplines>

**Men's Advice Line:** 0808 801 0327

##### Next Link South Gloucestershire Council

0800 4700280

Website: [www.nextlinkhousing.co.uk](http://www.nextlinkhousing.co.uk)

**SARSAS** Somerset and Avon Rape and Sexual Abuse Support 0808 8010456

Email: [support@sarsas.org.uk](mailto:support@sarsas.org.uk)

##### Practical Support-Survivor's Handbook

[www.womensaid.org.uk/the-survivors-handbook](http://www.womensaid.org.uk/the-survivors-handbook)

**ANI** Victims of Domestic Abuse can access immediate help from police or pharmacy by asking for ANI (code for Action needed immediately)

*Other helplines displayed in St Mary's Church on MU Noticeboard*